



Ross  
Elementary School

# PAC NEWSLETTER

[RossElementaryPAC@hotmail.com](mailto:RossElementaryPAC@hotmail.com)

[www.facebook.com/RossElementaryPAC](http://www.facebook.com/RossElementaryPAC)

## MEET YOUR 2023/2024 PAC!

President	Aissa Blanchard
Co-Vice Presidents	Vanessa Jaggi & Sarn Banwait
Secretary	Jacqui Wiens
Treasurer	Emily Rempel
Hot Lunch Coordinator	Krystal Cruz
Nature Play Coordinator	<i>Vacant</i>
Fundraising Coordinators	Christina Roberts & Krista Simpson

*\*\* Do you like to garden, have a green thumb?*

*We have a vacant position for Nature Play Coordinator! Please contact a PAC Committee member.*



## PAC COMMUNICATION

Join the Ross Elementary Parents Group (non-affiliated) page on Facebook. It is a great space for our parent community to share information and connect. This is where PAC shares all our updates on fundraisers and events. Join today! **(Scan the QR code to direct access!)**



## WHAT IS THE PURPOSE OF A PAC COMMITTEE?

Parents and guardians of students registered in the school are automatically members of the PAC.

PAC advises the school principal and staff on parent's views and feedback about school programs, policies, plans and activities.

The PAC organizes a variety of fundraising events throughout the school year, the money raised through fundraising activities is used directly to benefit the students of Ross. (i.e. Waterslides, Snap Tunes Concert, Santa Breakfast, Guest speakers.)

Also, make sure you have your email address registered with [rosselementarypac@hotmail.com](mailto:rosselementarypac@hotmail.com) so that you do not miss important PAC emails.

## HOT LUNCHES

Lots of exciting lunches coming your way!

**February 23** – SUBWAY

**March 8** – WHITE SPOT

## FUNDRAISERS

Mention Ross Elementary at the **High Street COBBS** and 5% of your purchase goes toward the PAC!

## UPCOMING PAC EVENTS

**Friday February 23, 2024 - SNAP TUNES Concert *sponsored by the PAC!***

This event will be at 3160 Ross Road: Community Church @6:30pm

**Monday February 26 @ 7pm FUN FAIR Planning Committee Meeting** at the school Multipurpose Room

**Parent Volunteers are needed to make this event happen!**

## UPCOMING PAC MEETINGS

March 5, 2024 – Virtual (Zoom link) @6:00pm

April 9, 2024 – Ross Elementary School – Multipurpose Room @6:00pm

May 7, 2024 – Virtual AGM (Zoom link) @6:00pm

June 4, 2023 – Ross Elementary School – Multipurpose Room @6:00pm

We encourage parent involvement!

**Do you have suggestions and ideas – or are interested in volunteering for events and fundraisers? Email PAC today!**

**[RossElementaryPAC@hotmail.com](mailto:RossElementaryPAC@hotmail.com)**

We are pleased to share the following information with you. The Ministry of Education and Childcare, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

### Key Takeaways for Participants:

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

Participants must register in advance due to limited capacity. Session dates are:

- February 20, 6:00 – 7:30 pm PST - [Click here to Register](#)
- February 22, 6:00 – 7:30 pm PST - [Click here to Register](#)
- February 24, 6:00 – 7:30 pm PST - [Click here to Register](#)

Please share within your community and email the Mental Health and Substance Use Branch at [educ.mentalhealth@gov.bc.ca](mailto:educ.mentalhealth@gov.bc.ca) with any questions.